



## You can't put a price on controlling your diabetes. But you can **win \$500** for your efforts.

At Total Health Care, your health is very important to us. That's why we encourage you to maintain regular checkups.

If you have diabetes, make sure you see your doctor for diabetic care. Good diabetic care includes the following tests at least once a year:

- HbA1c
- LDL-C
- Eye exam, and
- Screening for nephropathy

If you take all the required tests for diabetes, you can **win \$500** in our annual drawing! Call (800) 826-2862 ext. 817 or (313) 871-7817 today!



TOTALLY THERE FOR YOU



Don't play games  
with your child's health...

Win one instead!

Your child's health is too precious to neglect. Make sure they have at least one well care visit a year. If they do, you'll have a **chance to win an electronic game system (e.g. Nintendo® Wii™ Game System)**. Contact the Total Health Care Health Education and Wellness Department at (800) 826-2862 ext. 877 or (313) 871-7877 today!



TOTALLY THERE FOR YOU



Taking care of your child's health  
is very rewarding...

In more ways than one!

Just like you, we want your child to stay healthy, and that requires regular checkups. If you can make sure that your child has received at least six well visits before turning 15 months old, **you could win \$500** in our annual drawing! Contact the Total Health Care Health Education and Wellness Department at (800) 826-2862 ext. 877 or (313) 871-7877 today!



TOTALLY THERE FOR YOU

# An important test for your child. A gift for you.

Getting regular lead testing at the doctor's office can help keep your child healthy. This means your children **MUST** have a lead test at the ages of 12 and 24 months. Call and schedule a Lead Test for your child today and **receive a \$10 gift card (Target®, CVS® or gas)!** Contact the Total Health Care Health Education and Wellness Department at (800) 826-2862 ext. 877 or (313) 871-7877 today!



## Your baby's health begins with you.

At Total Health Care, the wellbeing of you and your newborn is vital to us. That's why we insist on prenatal and postpartum visits. If you can make sure that you receive your first prenatal visit during the first trimester or within 42 days of enrollment, you'll be eligible to enter our **annual drawing for \$500!** And if you receive postpartum care between the 21st and 56th day after delivery, you'll also be eligible to enter **another annual drawing for \$500!**

Contact the Total Health Care Health Education and Wellness Department at (800) 826-2862 ext. 593 or (313) 871-6593 today!



TOTALLY THERE FOR YOU

