

## Total Health Care, Inc.

### MANAGEMENT OF ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)

The following guidelines are practice parameters for the assessment and treatment of children with ADHD

Eligible Population	Key Components	Recommendations	Frequency
Children ages 6-12 years of age diagnosed with ADHD based on DSM-IV criteria and initially receiving a ADHD Medication	Initial Evaluation	Patient assessment should include: Interview with parents to include child's and family history School Assessment/Teacher Report Standardized rating scales History and mental status examination Family diagnostic interview Physical evaluation	At least one visit 30 days following initial dispensing of a ADHD medication During maintenance phase at least 2 visits with 9 months after initial evaluation
	Referral to, and coordination with, Behavior Health Specialist	Psychosocial evaluation Neuropsychological testing Psychiatric differential diagnosis	At least one visit 30 days following initial dispensing of a ADHD medication During maintenance phase at least 2 visits with 9 months after initial evaluation
	Treatment Planning	Establish target symptoms and baseline impairment Consider treatment for co-morbid conditions Prioritize modalities to fit target symptoms Monitor multiple domains of functioning Re-evaluate efficacy and need for additional interventions Maintain long-term supportive contact with patient, family, and school	Evaluate at each visit until treatment goals are reached
	Treatment	Education of parents, child and significant adults Provide school interventions Monitor medication and side effects Psychological interventions Ancillary treatments	Evaluate on an ongoing basis

Sources:

1. Diagnosis and Treatment of Attention Deficit Hyperactivity Disorder. National Institute of Health. Consensus Statement 16(2): 1998, Nov 16-18.
2. American Academy of Pediatrics. Clinical Practice Guideline: Treatment of the school-aged child with ADHD. Pediatrics 2001; 108-1033-44.
3. Institute for Clinical Systems Improvement. Diagnosis and Management of Attention Deficit Hyperactivity Disorder in Primary Care for School Age Children and Adolescents. March 2003.
4. Clinical Practice Guidelines: Attention Deficit/Hyperactivity Disorder. AACP Official Action: Outline of Practice Parameters for the Assessment and Treatment of Children, Adolescents, and Adults with ADHD. Reprint from J.A.M. ACAD. Child Adolescent Psychiatry 36:10, Oct. 1997.